

BC Centre of Disease Control information on testing positive for COVID 19 and self isolation
(<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>)

Following are some relevant sections from the above website:

I tested positive for COVID and I am fully vaccinated:

You are considered to be fully vaccinated if you have two doses of any of the World Health Organization approved COVID-19 vaccines or one dose of the Janssen COVID-19 vaccine. You do not need to have a booster dose to be considered fully vaccinated.

If you test positive for COVID-19 and are fully vaccinated, you need to self-isolate for 5 days AND until your symptoms improve and you no longer have a fever.

After your self-isolation period, you also need to avoid non-essential visits to high-risk settings for 5 days. This guidance is intended to prevent non-essential visits (e.g. social visits), and does not apply to essential workers. Employees should follow their workplace guidance.

You do not need to be re-tested for COVID-19 to end your self-isolation period and return to your normal activities.

High-risk settings include:

- Long-term care
- Assisted living residences
- Rural and remote communities
- Indigenous communities

High-risk settings DO NOT include places such as:

- Childcare
- School
- Work
- Grocery stores or pharmacies

COVID 19 testing was not recommended but I have symptoms:

If you were not recommended for testing but have symptoms of COVID-19, there is no set amount of time for self-isolation. Instead, you'll need to self-isolate until your symptoms improve, you no longer have a fever, and you feel well enough to return to your normal activities.

How to self-isolate – see <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>.

My roommate has symptoms of COVID-19 and is self-isolating. Do I need to self-isolate?

You will only need to self-isolate if you develop symptoms of COVID-19. You should self-monitor for symptoms and if you develop symptoms, self isolate until you feel better.

Government of BC Covid-19 Self-Assessment Tool

<https://bc.thrive.health/covid19/en>

Comments from the Organizing Committee:

Teams will need to have their own isolation plan should members of their party develop symptoms of COVID-19 during the event.

For those individuals who have recently travelled outside of Canada or traveled to the event from outside of Canada, it is the expectation of the Organizing Committee that they adhere to Federal quarantine regulations.

To find out about quarantine requirements after travelling or if you need to self-isolate after travelling, visit the Government of Canada's website (<https://travel.gc.ca/travel-covid/travel-restrictions/isolation>).